

1	2	3	WHITE	1	2	3	YELLOW	1	2	3	ORANGE
			Review Blocks				Review Blocks				Windmill Block
			Inside Block				Knife-hand Middle Blocks				Lead hand Parry
			Outside Block				Double Outside Block				Rear hand Parry
			Dancer				Backstroke				Spinning Top
			Bringing Down the Axe				Opponents at Sides				Leg Brace
			Tournament Game				Tournament Game				Tournament Game
1	2	3	GREEN	1	2	3	PURPLE	1	2	3	BLUE
			Double Forearm Block				Spinning Sweep				Bobbing
			Lead Leg Shin Block				Round Sweep				Weaving
			Rear Leg Shin Block				Chopping the Log				Jump Spinning Back Kick 180
			Thumbs Up				Tug of War				Mountain Storm
			Stand-Off				Tournament Game				Tournament Game
			Sumo								
			Tournament Game								
1	2	3	BROWN	1	2	3	RED	1	2	3	SENIOR RED
			Jump Spinning Roundhouse 360				Prancing Tiger				Awaking Dragon
			Tiger Attack				Pit Fall				Revenge of the Phoenix
			Tournament Game				Rolling River				Cornered Badger
							Constrictor				Australian Kick Boxer
							Tournament Game				Tournament Game

**WEEK 7**